

OLDER MEN UNLIMITED HERVEY BAY



NEWSLETTER MARCH 2021

Meetings: 10.00 am on the 4th Monday of each month

Where: Seagulls Rugby League Ground, 187 Bideford Street, Torquay

Correspondence to: P.O. Box 3031, Hervey Bay, Queensland 4655

Enquiries: Phone **4128 9011**

Email: manager@omu.org.au

Web Site: www.omu.org.au

Patron: George Seymour (FCRC Mayor)

Morning Tea Meeting 22nd March 2021

Guest Speakers - Don & Lesley Bradley – Fresh Water Turtles

MANAGEMENT COMMITTEE AND CONTACT NUMBERS

<u>Position</u>	<u>Name</u>	<u>Phone</u>	<u>Mobile</u>
President	Cyril Brown	4124 6285	0448 855 963
Vice President	John Lawrence	4128 3630	0487 292 364
Secretary	Chris O'Brien		0490 188 571
Treasurer	Col Anson	4128 1538	0428 188 403
Committee			
	Ray Chesterfield	4194 7010	0409 373 836
	Joe Endres	4125 1142	0403 619 070
	Glen Miller	4121 4724	0417 606 874
	George Fox	4325 3043	0417 663 471
Manager	David Hoodless	4128 9011	0438 129 153

The Club Rooms are located at Seagulls Rugby League Ground (187 Bideford Street Torquay)

Office open – Monday – Tuesday – Thursday – Friday (8.00 am – 4.00 pm)

Tuesdays 1.30 – 3.30 pm

Afternoon Tea Colin Anson – Phone 4128 1538

Wednesdays 8.00 – 11.00 am

Art Classes – Ray Chesterfield – Phone 4194 7010

Wednesdays 2.00 pm (1st & 3rd)

Fridays 8.30 – 11.30 am Morning Tea, jokes and “used bull fodder” – Colin Anson Phone 4128 1538



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OMU GROUP CONVENERS

ART	RAY CHESTERFIELD	4194 7010
CLUB ROOMS	COLIN ANSON	4128 1538
MARYBOROUGH	GLEN MILLER	0417 606 874
OUTREACH	DAVID HOODLESS	4128 9011
RAFFLES	DAVID HOODLESS	4128 9011
SAUSAGE SIZZLES	JOHN LAWRENCE	0487 292 364
SOCIAL ACTIVITIES	SIMON SWEETNAM	4194 1721
WALKING GROUP	JOE BRACKELS	0499 886 166

REPORTS

PRESIDENT'S REPORT

Welcome every one,

We are now well and truly back in operational mode.

Firstly, our club outings are now able to take place. There is to be a family trip on the "Spirit of Hervey Bay" on the 28th April departing Urangan Marina at 11.00 am and returning at 2.00 pm. All welcome including Maryborough. Lunch is included on board so come and join fellow members. Make this a great day to reconnect with other members. If you know of people still not back in circulation please encourage them to come along once more.

Club rooms are open for morning and afternoon teas, so come along for a laugh and a chat. Remember "Laughter is the best medicine".

Art group has welcomed a few new members so come along show your artistic skills or ask help to develop them and enjoy a cupper as well. Keep up the good work Ray and Garry

Outreach is now up and running once more new members always welcome to join our band of friendly faces visiting both nursing homes and private residents. Remember some of these people may be very lonely and look forward to these visits.

Walking groups in both Hervey Bay and Maryborough are keeping their health in check, by weekly walks. New walkers always welcome. I believe there is also a cupper to be had for those who wish.

Fishing group shut down last year however if you would like to restart again likeminded men are welcome to get together and start again. It may be beach, jetty or boat whatever the group choose. Speak to the committee in this regard. It is up to members to get this going once more.

I take this opportunity to wish all members a safe and happy Easter.

Best regards Cyril Brown, President.

CYRIL BROWN

WALKING GROUP

The walking group is up and walking every Thursday morning using Enzo's at Scarness as the starting point. You walk at your pace – stop and rest when you want to – have a chat – enjoy the fellowship and perhaps have morning tea after to appreciate where we live.

JOE BRACKELS

ART GROUP

Morning Tea

The Art Group is back in full swing – every Wednesday morning at the Club rooms. We welcome a new member – Ian.

During the month the Art Group had a great time with a BBQ by the pool.



If you would like to join in this fun group you don't require anything, skills, paints, brushes etc. as it is all supplied. All you do need is a great sense of humour, an open mind and a smile on your face.

RAY CHESTERFIELD

OUTREACH

Our visits to the local aged care place are back in full swing. All of the feedback from the residences is overwhelmingly positive and this is due to the **Outreach Team** consisting of **Richie Tottman, Noel Spethman, Bob Symons, Ken Batstone, Glen Coughran, Archie Ayre, David Dolan, Kevin Anderson, Ray Delison, Bob Elgar, Ted Hammond, Geoff Hoare and Len Manski**. The Team is congratulated for their commitment and efforts and a sincere thank you from the people you visit and myself.

If you want to be part of this exceptional team of members then talk to David.

Currently the men visit **Masters Lodge** (1st Wednesday of the month), **Fairhaven** and the **Waterford** (1st Friday of the month), **Baycrest** and **Kirami** (2nd Tuesday in the month) and **Ozcare** (3rd Thursday in the month). If you find yourself at a loss for something to do on these days then reward yourself and join the team.

DAVID HOODLESS

OMU'S BUY SELL & GIVE AWAY

12Ft Tinny Stessel Hull/Redco Trailer both registered until July

15hp Evenrude Motor, All safety gear

1 Parana Fish Finder, Swivel seat

Full canopy

\$1200 ONO

Call Mick on 4128 6225

Dundowran



CLUBROOMS

197 Members attended the Clubrooms for February 2021. Tuesday afternoons are improving, almost too many for the one table.

Tuesday 16th March had to be cancelled due to NRL Secondary School Boys and Girls Regional Trials.

More volunteers are needed for the Seagull Events. If anyone can help please talk to me.

COL ANSON

SOCIAL GROUP-DINING Dining with Ding-A-lings



Food for thought or Food for fools. Hard to say really as either title would be correct. I would like to point out that I am writing this report at 2.45am Tuesday morning as I had forgotten to do it earlier and it has to be in by Tuesday to be included in the monthly newsletter. So, I'll make it brief.

Great meals, great venues and great company, what more can I say. This time Simon Sweetnam, Charlie "The Cattle King" Wondrock, Dennis – "Enjoying" a few weeks away with the Family, Woodie the Wheelie and the rest of the Loonies get a break from my acid wit and cutting barbs but I'll be back baby. So, feel free to join us each Wednesday lunch. Why muck around on your own. Join the Lunch Group and get mucked around by experts. Not that Simon and Charlie are experts. They only think they are.



"Go Woodie"



MARYBOROUGH GROUP



Outreach. Richard Shale reported that he was still waiting on a decision as to when Chelsea would be allowing visitations to start again there. However, the other three homes have started again with visits to Yaralla tomorrow, Groundwater and Fairhaven later this month. This month’s Fairhaven visit will be held in the home itself and next month will be with the independent residents. Richard advised that details for the visitations were on the notice board.

Sausage Sizzles: Treasurer Peter asked for volunteers for the next sausage sizzle at Bunnings on Saturday the 13th. March. Peter asked that if members can’t get there for the full day then assistance to set up at 7:30 and then to finish up at 3:00 would be appreciated. Convenor Glen also asked if members would be able to run a sausage sizzle at the Open Day being held at Raven’s Hill on Sunday 21st. March from 10 am to 2 pm. Members were asked to let Peter Sawtell know if they could assist.

Workshop: Still fairly quiet at present in the workshop. Small items are being made and all the stools that were in the Ellena St. shop have been sold. A belt sander has been donated so that is much appreciated.

Walking Group: The 5 members plus a new associate member and a dog will be doing the town walk tomorrow and concluding with breakfast and excellent fellowship so if more members would like to join in on this healthy activity, they would be welcome.

Raffle: Still waiting for approval from Dan Murphy’s to start allowing raffles to be conducted on their premises again.

Fishing Group: Frank Grant advised members that the fishing/boat trip that has been planned for Wednesday the 14th April leaving from Carlo Point near Rainbow Beach is now booked out. There is a suggestion that OMU will supply a bulk lunch for all attending so that members don’t have to worry about taking their own lunch. If the weather prevents the planned trip from going ahead, then another date will be set. The cost of the trip will not be refunded.

GLEN MILLER – CONVENER

BIRTHDAY BOYS – FEBRUARY

John Hardy	Colin Bond	Ian Fletcher-Jones	Merv Kidd
Gary McCarroll	Col Wilkin	Glenn Coughran	Barry Law
Simon Sweetnam	Keith Bell	Bill Walker	Chris Brumby
Rex Kreig	Gerry Kooyman	Noel Spethman	Paul Bryant
George Eggerling	Keith Shang	John Titleback	Jack Meynders-Hagen
Ian Paxton			

NEW MEMBERS

Richard Barkess

James Barrett

Brian Ward

Ian Paxton

HAVE A LAUGH:

DAD JOKES – I apologise in advance

What sits at the bottom of the sea and twitches?

A nervous wreck.

A man tells his doctor, "Doc, help me. I'm addicted to Twitter!"

The doctor replies, "Sorry, I don't follow you ..."

What kind of exercise do lazy people do?

Diddly-squats.

What did the Tin Man say when he got run over by a steamroller?

"Curses! Foiled again!"

What did the bald man exclaim when he received a comb for a present?

Thanks— I'll never part with it! I

How do you make a tissue dance?

Put a little boogie in it.

Why did the frog take the bus to work today?

His car got toad away.

Wife: "I am going out for two hours. Do you want anything?"

Husband: "No, that's enough.

You know you're Australian when...

- most of the words you know end in "o" such as arvo, servo, bottlo, garbo.
- you know that there is a difference between thongs and underwear.
- stubbies are things that can either be worn by blokes or drunk.
- a place called "woop-woop" is not actually a place but is very far from civilisation.
- calling someone "mate" is a completely appropriate term to call anyone in Australia be they male or female.
- you answer most questions by saying "no worries" or "no drama".
- when you know the national anthem but have no idea what "girt" means.
- you know the best place to get a cooked sausage is Bunnings.
- you greet people by saying garn

DID YOU KNOW?

Did you know the average person falls asleep in 7 minutes?

Did you know the average human brain contains around 78% water?

Did you know an average person will spend 25 years asleep?

Did you know the average golf ball has 336 dimples?

Did you know the average bed contains over 6 billion dust mites?

Did you know the average hen lays 228 eggs a year?

Did you know the average soccer ball is made up of 32 leather panels and held together by 642 stitches?

Did you know the average porcupine has 30,000 spikes?

Did you know there is enough petrol in a full tank of a Jumbo Jet to drive the average car 4 times around the world?

Did you know the average person will consume 100 tons of food and 45,424 litres (12,000 gallons) of water in their lifetime?

Did you know the average person goes to the toilet 6 times a day?

Did you know the average American eats 263 eggs a year?

THANK YOU – Local businesses that support OMU. Without this support OMU would not be able to provide the level of support that we now do. This is a way that communities survive and prosper by all of us supporting each other.

OMU sincerely appreciates your enthusiasm and commitment with the support you provide.



NEW EFTPOS MACHINES

The 2 new Electronic Funds Transfer at Point of Sale (EFTPOS) machines are working very well for OMU. They have generated an increase with the raffle ticket sales. The comments from the public have been very positive and flattering. With comments like "good to see you guys up with the times" also, "Wow, for old men you certainly are with it", and "You have got it all organised – good for you". Since we have commenced doing the catering for the Seagulls approximately 40 – 50% of sales are EFTPOS transactions. I am looking into leasing another machine to cope with the new partnership supplying the catering for the Seagulls Football games.

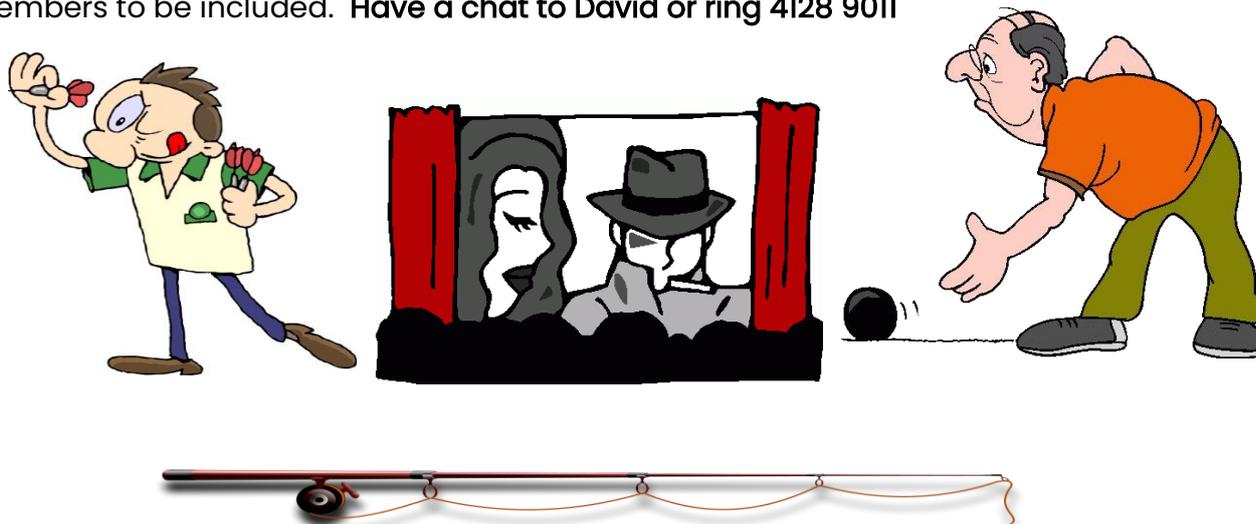
NEW GROUPS

We would like to commence setting up small groups (4 – 10 members give or take).

There must be members out there that share the same interests and hobbies. (You know who you are)

For example: tinkering with small engines, playing bowls (10 pin, indoor or outdoor), going fishing (no boat required), bocce, wood craft, playing cards, playing darts, watching sports, movies, BBQ's, collecting, writing (short stories or poetry etc.) just to name a few.

We would love to hear from you because OMU is all about creating opportunities for the members to be included. Have a chat to David or ring 4128 9011



Want to read this Newsletter in brilliant colour? You can you know – receive it by email or go to our new web site www.omu.org.au, if you want it emailed, please let David know what your email is and you will receive it in glorious colour. "Too easy".

If you have information you would like included in our monthly newsletter, please pass it on to David (in the office) manager@omu.org.au or phone 4128 9011. If you know of someone including yourself who would love to help out with this publication? Please contact David. Your assistance would be greatly appreciated.

SEAGULLS CATERING REPORT

So far two events have been catered for – Saturday 27th February and Saturday 13th March. Both clashing with the Pier Market.

Many thanks to Des Langford who drove to the Sunshine Coast Airport then to Albany Creek and return to Hervey Bay on Friday 26th, worked at the Pier Market Saturday 27th in the morning then after that worked Seagulls Trial Game in the afternoon. OMU sincerely appreciates your time and efforts so thanks again Des.

Chris and I are having trouble getting workers for Seagull's events and when it comes to the Hervey Bay Hot Rodders' Swap meet, Game at 6.00 pm and Junior State Cup Touch Thursday, Friday and Saturday 8th, 9th, & 10th July (7.00 am – 7.00 pm).

UNLESS A LOT OF EXTRA HELP IS FORTHCOMING – WE (OMU) HAS NO HOPE OF DOING THIS.

Therefore, your help and support is required – no matter how much or how little time you can give.

COL HANSON AND CHRIS O'BRIEN

NEXT MORNING TEA MEETING
MONDAY 26TH APRIL 2021
10.00 AM
SEAGULLS RUGBY LEAGUE GROUND

THANK YOU – Some more local businesses that support OMU. Without this support OMU would not be able to provide the level of support that we now do. This is a way that communities survive and prosper by all of us supporting each other.

OMU sincerely appreciates your enthusiasm and commitment with the support you provide.



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PUTTING YOUR HAND UP TO HELP?

Are you looking to put back into the community? OMU can help you achieve this if you do. We have different areas in which you can help others in your community.



OMU appreciates all of your efforts and if you would like to be part of our dynamic team of volunteers please have a chat to John Lawrence, Col Anson or David in the office.

OMU proudly and generously supported by the Queensland Government.

Funded by



See how you go this time – 19 words to find.



K	A	L	E	K	O	H	C	I	T	R	A
E	F	I	O	S	T	U	R	N	I	P	S
C	A	U	L	I	F	L	O	W	E	R	P
B	O	O	Y	E	C	I	L	R	A	G	A
O	O	L	O	M	B	E	A	C	S	C	R
T	O	O	R	T	E	E	B	A	T	R	A
E	G	A	B	B	A	C	Y	R	U	E	G
K	J	R	R	K	N	R	K	R	O	P	U
P	O	T	A	T	O	A	W	O	R	M	S
O	H	Y	R	E	L	E	C	T	P	E	A
S	U	P	O	L	I	O	S	S	S	P	G

There are 19 words to find this time – however one of the words listed below is not there – which one? (Answer in next month's edition)

ARTICHOKES	ASPARAGUS	BEANS	BETROOT	CABBAGE	CARROTS
CAULIFLOWER	CELERY	GARLIC	INSECTS	KALE	LEEK
PEPPER	POTATO	SOIL	SPROUTS	TOOLS	TURNIPS
WORMS					